



Beginners Guide to Coaching Disabled Footballers CPD Module

A course to support teachers working in special or mainstream education, coaches or young leaders. Gives ideas on practical delivery and the inclusion spectrum. This course supports the school-club link programme and the competition framework.

Duration – 5 hours

Minimum age – 16 years

Who for? – Teachers, coaches or young leaders.

Cost - £10.50 per candidate

Aims & Objectives

- Apply and extend your existing teaching skills and experience.
- Meet the needs and understand the inclusion spectrum to aid your teaching (theory and practical) of children with a range of disabilities to participate in a football lesson or after school activity
- To identify why children play football
- To identify additional skills to consider when teaching football to children with a disability
- To have an awareness of communication skills you may use when teaching football to children with disabilities
- To plan, organise and implement safe appropriate activities including warm up and cool down
- Understand the STEP principle
- Understand the player pathways available for children with a disability including the appropriate structure for competition

Theory

- Why children play football
- Skills and qualities of a teacher/coach working with disabled young people
- Introduction to LTPD
- Communication skills for working with disabled young people
- Safety issues to consider
- Inclusion spectrum

Practical

- Practical on the inclusion spectrum



FA Curriculum KS2 CPD Module

A course to support non PE specialist primary school teachers and coaches working in primary education. Supports teachers to provide football as part of the National Curriculum and coaches who are going to deliver in curriculum time. Enables candidates on the course to understand the 4 key strands of the National Curriculum and apply them in a practical setting to ensure high quality delivery of PE.

Duration – 6 hours

Minimum age – 16 years

Who for? – Qualified teachers or coaches

Cost - £10.50 per candidate

Aims & Objectives

- To increase understanding of the requirements of the PE National Curriculum
- To demonstrate the place that football can offer, to deepen that understanding in relation to the teaching of games
- To improve the quality of learning and teaching in PE and games through a range of progressive and challenging activities and games
- To develop methods of planning to incorporate both formative and summative assessment opportunities
- To be able to plan and deliver appropriate activities that fulfil National Curriculum PE requirements
- To be able to deliver safe and constructive warm up and cool downs based on FUNdamental movements

Theory

- 10 outcomes of high quality PE
- FA LTPD 4 corner model
- Creating a well rounded physically educated footballer
- Planning for effective teaching and learning in football lessons
- Assessment
- Creating a stimulating learning environment
- Planning for effective football lessons.

Practical

- Fundamental warm up
- Practical delivery of football as an invasion game inc STEP



FA Junior Football Leaders Course (Students)

A course to train students aged 12+ to be young leaders. The course supports the Football Futures Programme.

Duration – 6.5 hours

Minimum age – 12 years

Who for? – Young leaders

Cost - £10.50 per candidate

Aims & Objectives

- To provide an understanding of leading and organising football events for young players
- To learn the theory and practical aspects of warming up and cooling down
- To understand safety considerations when organising football sessions
- To understand practical delivery aspects of sessions, planning and using resource cards
- To introduce mini soccer games/rules
- To understand what happens next for players and leaders

Theory

- How to get involved in football
- How to signpost others to get involved in football

Practical

- Organising a football activity session and an introduction to FUNdamental movement games
- Creating a safe learning environment and learning through games
- Preparing to referee and an introduction to Laws 8,9,12 and 15
- Helping with a team
- Different football events



FA Junior Football Leaders Course (Tutor) CPD Module

A course to train teachers to deliver the JFL course to students within their school. This course supports the FA Football Futures Programme.

- **Duration** – 6.5 hours
- **Minimum age** – 16 years
- **Who for?** – Qualified PE teachers or FA Level 2 coaches who have completed the FA Generic Tutor Training Course and FA Youth Module 1
- **Cost** - £20.00 per candidate

Aims & Objectives

- Provide candidates with an understanding of the JFL course content to enable them to deliver the course to students
- To delve into fundamental movement skills in a practical setting
- Look at the FA Football Futures Programme and the 'next steps' for your young leaders
- Examine different delivery methods for the course

Theory

- How to get involved in football
- How to signpost others to get involved in football

Practical

- Organising a football activity session and an introduction to FUNdamental movement games
- Creating a safe learning environment and learning through games
- Preparing to referee and an introduction to Laws 8,9,12 and 15
- Helping with a team
- Different football events



FA Mentoring Young Leaders CPD Module

Duration – 3 hours

Minimum age – 16 years

Who for? – Teachers, FE Staff and Charter Standard Club coaches responsible for young leaders as part of the Step into Sport Programme. This is a classroom based course.

Cost - £10.50 per candidate

Aims & Objectives

- To understand 'what is a football leader?'
- To identify the benefits of young leaders to football
- To identify the skills of a leader mentor
- To understand and practise an effective mentoring process
- To identify individual development as a leader mentor

Theory

- Why young leaders may need a mentor/varying roles of mentors
- Qualities of an effective mentor
- Pre, during and post mentor activity
- Effective questioning
- Reflection and feedback



FA Movement and Handling Skills CPD Module

A course for primary school teachers, level 1 coaches and young leaders that provides practical ideas to develop movement and handling skills that can be used as an introduction to goalkeeping and build on fundamental movement skills.

Duration – 3 hours

Minimum age – 16 years

Who for? – Teachers, Level 1 coaches and young leaders

Cost - £10.50 per candidate

Aims & Objectives

- To understand what is meant by handling and movement
- To be able to explain elements of a safe warm up
- To understand how to develop simple movement activities
- To understand how to identify fun, safe and appropriate practises
- To be able to develop physical literacy through handling and movement activities

Practical

- Warm ups
- Working in pairs
- Working in 4's and smaller groups
- Working in 8's and larger groups



FA Working with Teams CPD Module

A course for primary or non specialist secondary teachers, level 1 coaches and young leaders which provides practical ideas on how to run teams including work around team talks, team philosophy and formations. This course supports the competition framework.

Duration – 6 hours

Minimum age – 16 years

Who for? – Teachers, Level 1 coaches, young leaders

Cost - £10.50 per candidate

Aims & Objectives

- To understand best practise in relation to running school/junior club teams and player development
- To understand player development and pupil learning and the contribution being part of a school/junior club team can make to these areas
- To understand how teachers/coaches actions can contribute/detract from the learning environment/experience
- To enhance teachers/coaches/leaders communication and listening skills
- To understand how learning can impact on each individuals work practises

Theory

- Organisation – Health and safety around running teams and codes of conduct
- Philosophy including FA LTPD 4 corner model
- Psychology – understanding communication and team talks
- Practical planning – understanding basic strategies and tactics
- Practical planning 2 – identifying own teams and oppositions strengths and weaknesses

Practical

- Understanding the 3 key moments of the game
- Understand warm ups and cool downs – LTPD
- Understand formations of teams 6,7 or 8 players
- To identify and implement simple strategies and tactics in relation to the changing circumstances in the game



Football Mentor (Adults) CPD Module

A course for secondary school teachers to support other teachers (primary and secondary) to develop football in their school either in or out of the curriculum.

Duration – 3 hours

Who for? – Secondary school teachers

Cost - £10.50 per candidate

Aims & Objectives

- To understand the role of the mentor and principles of effective mentoring
- To understand and appreciate the required interpersonal skills of the mentor
- To explore strategies for mentoring a coach or teacher
- To demonstrate the ability to use core mentoring interpersonal skills (observation, giving accurate feedback, active listening questioning, critical reflection)
- To understand mentoring assessment, feedback and goal setting processes
- To consider the importance of the reflective 'think book'
- To explore CPD and reflective action planning opportunities for mentors to consider their future development

Theory

- Skills of an effective learner
- Role of a football mentor
- Meeting the coach
- Working with the coach
- Feedback and target setting
- The mentor action plan
- Reflective think book

Practical

- Observing the coach in action



Out of School Hours Learning and School-Club Link Course

A course to support teachers and coaches to plan and deliver appropriate OSHL/SCL programmes to engage the 5-11 age group who are not currently active. Support the school-club link programme and develops tiered levels of opportunity.

Duration – 4 hours

Minimum age – 16 years

Who for? – Teachers and coaches

Cost - £10.50 per candidate

Aims & Objectives

- Understanding what we mean by OSHL
- OSHL contribution to whole school environment
- Benefits of OSHL
- To understand what constitutes a high quality school-club link
- Develop some practical ideas to develop SC link
- Fundamentals and football
- Planning and delivering practical OSHL sessions

Theory

- What is OSHL
- OSHL contributing to Whole School improvement
- Benefits of OSHL to teachers, coaches and community
- High quality School Club Link
- Role of teacher and coach
- Learning objectives
- Targeting – encouraging young people to take part

Practical

- Fundamentals
- Delivery to a specific cohort of young people